



2019

# May

## Riverside Jr./Sr. High Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Full Paid \$2.60</b>  <b>Reduced \$.40</b>  <b>Free \$.0</b></p>		<p><b>1</b> Chicken Fajita            Chef Choice Pizza            Chef Choice Salad            Baked Tater Tots            Seasoned Carrots            Garden Salad            Diced Pears or Juice</p>	<p><b>2</b> Nacho Platter            Chef Choice Pizza            Chef Choice Salad            Steamed Rice            Vegetarian Baked Beans            Fresh Celery Sticks            Strawberry Cup or Juice</p>	<p><b>3</b> General Tso's Chicken            Chef Choice Pizza            Chef Choice Salad            Steamed Rice            Steamed Broccoli            Fresh Baby Carrots            Diced Peaches or juice</p>
<p><b>6</b> Fish Sticks w/WG Brd.            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Sweet Peas            Fresh Baby Carrots            Diced Pears or Fresh Fruit</p>	<p><b>7</b> Chicken Mashed Potato Bowl            Chef Choice Pizza            Chef Choice Salad            Mashed Potato w/Gravy            Golden Corn            Garden Salad            Peach Cup or juice</p>	<p><b>8</b> Pierogies            Chef Choice Pizza            Chef Choice Salad            Baked Tater Tots            Seasoned Green Beans            Garden Salad            Mixed Berry Cup or Fresh Fruit</p>	<p><b>9</b> Walking Taco            Chef Choice Pizza            Chef Choice Salad            Steamed Rice            Vegetarian Baked Beans            Fresh Broccoli            Mixed Fruit Cup or Juice</p>	<p><b>10</b> Boneless Wing Bites            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Steamed Carrots            Garden Salad            Applesauce Cup or Fresh Fruit</p>
<p><b>13</b> Ham &amp; Ch.on Pretzel Roll            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Steamed Broccoli            Fresh Baby Carrots            Diced Peaches or Fresh Fruit</p>	<p><b>14</b> Fr.Tst.Sticks w/Sausage            Chef Choice Pizza            Chef Choice Salad            Baked Tater Tots            Green Beans            Red Pepper Slices            Applesauce or juice</p>	<p><b>15</b> Macaroni &amp; cheese            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Steamed Broccoli            Garden Salad            Diced Pears or juice</p>	<p><b>16</b> Soft Shell Taco            Chef Choice Pizza            Chef Choice Salad            Steamed Rice            Vegetarian Beans            Fresh Celery Sticks            Mixed Berry Cup or juice</p>	<p><b>17</b> Hot Wing Hoagie            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Seasoned Peas            Fresh Celery Sticks            Mixed Fruit Cup or Fresh Fruit</p>
<p><b>20</b> Meatball Sub            Chef Choice Pizza            Chef Choice Salad            Baked Tater Tots            Orange Glazed Carrots            Fresh Broccoli            Applesauce or Fresh Fruit</p>	<p><b>21</b> Mini Corn Dogs            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Seasoned Peas            Garden Salad            Diced Pears or Juice</p>	<p><b>22</b> Chicken Tenders w/WG Brd.            Chef Choice Pizza            Chef Choice Salad            Parslied Noodles            Seasoned Green Beans            Garden Salad            Peach Cup or Juice</p>	<p><b>23</b> Walking Taco            Chef Choice Pizza            Chef Choice Salad            Vegetarian Beans            Steamed Rice            Fresh Broccoli            Diced Pears or Juice</p>	<p><b>24</b> Fish Sticks w/WG Brd.            Chef Choice Salad            Chef Choice Pizza            Baked Fries            Golden Corn            Garden Salad            Mixed Fruit Cup or Juice</p>
<p><b>27</b>  <b>MEMORIAL DAY</b></p>	<p><b>28</b> Bnls.Wing Bites            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Sweet Peas            Fresh Baby Carrots            Mixed Fruit Cup or Juice</p>	<p><b>29</b> Chicken Mashed Potato Bowl            Chef Choice Pizza            Chef Choice Salad            Mashed Potato w/Gravy            Golden Corn            Fresh Red Pepper Strips            Diced Peaches or Fresh Fruit</p>	<p><b>30</b> Walking Taco            Chef Choice Pizza            Chef Choice Salad            Steamed Rice            Vegetarian Beans            Fresh Broccoli            Diced Pears or Juice</p>	<p><b>31</b> Texas Cheeseburger            Chef Choice Pizza            Chef Choice Salad            Baked Fries            Green Beans            Fresh Broccoli            Applesauce or Fresh Fruit</p>

### More Info...

**Offered Daily:**  
 Chicken Patty Sand.

- Cheeseburger
- Chicken Nuggets w/Dinner Roll
- Cheese Pizza
- Pepperoni Pizza
- MTO Deli Bar
- Fresh Fruit
- Fruit Juice
- Fresh Vegetables

- 1% Milk
- Skim Milk
- Chocolate Skim Milk
- All Breads, Rolls and Pizza Dough is Whole Grain

In accordance with Federal law and US Dept of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.

Menus are subject to change without notice.

**HEALTHY FOR LIFE**

